

DIRECT ADMISSION TO SKILLED NURSING FACILITY FROM CLINIC IN NORTHERN/SOUTHERN COLORADO REGIONS

11/6/18

REQUIREMENTS FOR SNF ADMISSION

Requires Skilled Nursing (RN/LPN) multiple skilled nursing services required 7d/wk. Must meet **1 or more of the following** (A service is not considered a skilled nursing service merely because it is performed by or under the direct supervision of a nurse. If a service can be safely and effectively performed (*or self-administered*) by an unskilled person, the service cannot be regarded as a skilled nursing service although a nurse actually provides the service.)

- Injections: IV, IM, SQ (new & or complex needs, not typically insulin, Lovenox). Intravenous fluids, meds, or line pushes (if greater than 1x daily and cannot go on a pump),
- Nebulizers: Oxygen evaluation saturations when unstable, complex respiratory needs
- Enteral feedings new or enteral pt with recent change in medical condition requiring monitoring (Enteral feeding that comprises at least 26 percent of daily calorie requirements and provides at least 501 milliliters of fluid per day)
- Care of **new** colostomy or teaching ostomy care associated with complication (Care of a colostomy during the early post-operative period in the presence of associated complications.)
- Frequent suctioning, trach, &/or vent needs
- Frequent irrigation, replacement of urinary catheters; care of new/complex suprapubic catheter
- Treatment Stage III/IV pressure ulcers; widespread skin disorder or complex wounds requiring prescriptive treatment
- Nursing evaluation of unstable & complex medical condition e.g. recovery from septicemia, coma, severe resp. disease, uncontrolled pain. (These should be new, acute and not chronic issues)
- Nursing rehab teaching, e.g. bowel & bladder training, adaptive aspects of care (new acute and not chronic)

or

Requires Skilled Rehab Services (PT, OT, SLP): Requires rehab teaching, training or monitoring. Complexity of treatment requires the skills of a licensed therapist. Pt. is significantly **below baseline** level of function and **is able to learn and retain** new skills. Must meet **both** of the following below for **Skilled Rehab Services**:

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- Requires establishment and ongoing assessment of a complex rehab treatment plan such as gait training in patients with neuro, muscular or skeletal abnormality, use of new assistive device, compensatory strategies: caregiver training, monitoring of activity tolerance with vital signs or O2 checks. Not for deconditioning alone.
- Patient requires more than minimal or light physical assist for basic ADLs and mobility (based on evidence that patients needing only minimal assist do comparably well or better with the HH therapy and do not need daily therapy)

2) Patient requires services on a daily basis- Skilled nursing services or skilled rehabilitation services (or a combination of these services) must be needed and provided on a “daily basis,” i.e., on essentially a 7-days-a-week basis. To meet this requirement, the patient must actually need skilled services to be furnished on each of the days. (see attached for details of what constitutes daily needs)

3) Requires inpatient SNF level of care-As a practical matter, considering economy and efficiency, the daily skilled services can be provided only on an inpatient basis in a SNF. (See §30.7.) Meaning has need for multiple daily treatments (combination of nursing and therapy), or need for services exceeds available care at a lower level

4) The services delivered are reasonable and necessary for the treatment of a patient’s illness or injury, i.e., are consistent with the nature and severity of the individual’s illness or injury, the individual’s particular medical needs, and accepted standards of medical practice. The services must also be **reasonable in terms of duration and quantity.**

Must meet all four of the above Criteria for SNF to be authorized

PROCESS FOR Clinic Staff

- 1) Review the Requirements for SNF Admission above prior to discussing with member and family
- 2) Fax clinical documentation (HH therapy/nursing notes, recent visits with provider, etc) to Navigation Hub at 855-233-4634 and ensure contact information is listed on the fax cover sheet
 - a. You may call 303-565-0276 or email KPCO-Continuum-Navigation@kp.org with any questions or concerns around the process

Once authorized for SNF:

- 3) Discuss placement with member/family
 - a. Schedule a visit with the ordering provider
 - i. Provider needs to write and sign an order for SNF

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- b. Fax member information and order to SNF for review, including physician evaluation, laboratory and radiology results, current medications and home health reports.
- 4) If family can not provide transportation, if they meet criteria for KPCO to cover transportation please set up via AMR.

PROCESS FOR MD/NP/PA

- 1) **Perform the SNF ADMISSION EVALUATION** within 48 hours of the anticipated SNF transfer. This evaluation should include:
- a. Recent, relevant labs, CT/MRI/X Rays.
 - b. Therapy evaluations.
 - c. A progress note in HealthConnect clearly stating the reason for SNF admission with a statement certifying the patient is **MEDICALLY APPROPRIATE AND MEDICALLY STABLE** for SNF placement. To meet Medicare regulations, **NP/PA should note Plan of Care has been discussed with physician partner.**